

Using Your Patient Portal



Table of Contents

Welcome to the Patient Portal!	2
Logging In.....	3
Patient Portal Homepage.....	4
My Settings/Portal Activity	4
My Health Summary.....	6
My Messages.....	8
My Info/Past History.....	10
My Provider.....	11
Help	11

Welcome to the Patient Portal!

The patient portal is a secure, online tool that allows you to access your health information and communicate securely with the clinic.

You can use the portal to:

- View, download, and transmit your health information
- Send a new message to the clinic or reply to a message sent by the clinic
- Request a non-urgent appointment or cancel a scheduled appointment
- Request a medication refill
- Send the clinic health data from other doctors or sources (ex: self-recorded blood pressure logs)
- Ask general, non-urgent questions or follow-up questions from a previous visit

 **The patient portal is for non-urgent communication only.** Contact the clinic for any additional policies related to the patient portal.

Additional Information: *This patient portal is provided to you by your healthcare provider as a convenient means of communication. The patient portal is stored on a secure server and communications with the server are encrypted. However, be aware that no encryption method can be guaranteed to be unbreachable. Additionally, if you store screen shots of data on your computer or print out information from the Patient Portal, those copies would not be protected.*

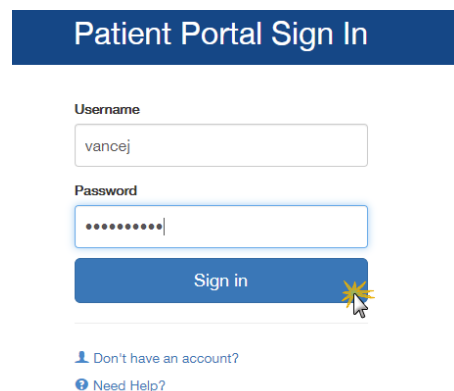
Any communication through the patient portal is sent only to the clinic to which it is addressed. The clinic to which the communication is addressed may use the information you send to deliver care to you, but the content of the message will not be automatically included or added to your electronic health record. If you have any questions about your health record, your patient portal account, or whether your communications through the patient portal will be included in your health record, please contact your healthcare provider.

Logging In

To log in to your patient portal, go to: <https://www.medicalofficeconnect.com:8444/PatientPortal>
You can access this website from your computer, tablet, or smartphone.

Enter your **Username** and **Password**. If you do not know or have this information, please contact the clinic for assistance. *For your security, if you enter the wrong username and password combination more than five (5) consecutive times, you will be locked out of your account for 30 minutes. After 30 minutes, you may attempt to log in again.*

Click **Sign in** to access the patient portal.

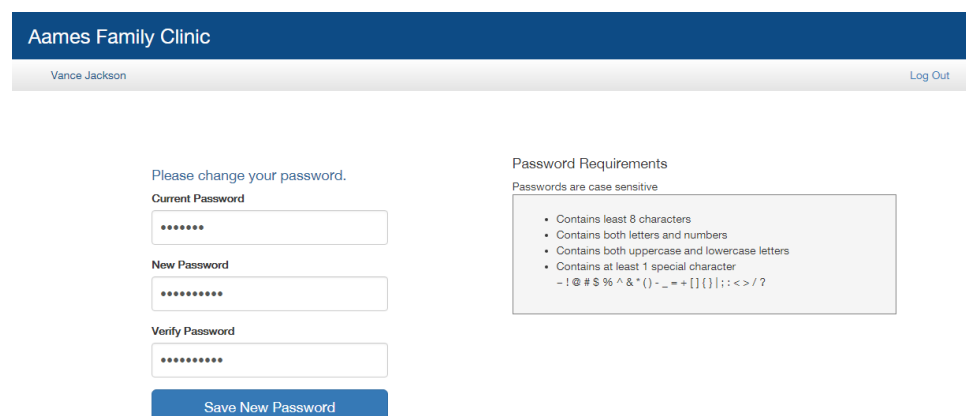


The form is titled "Patient Portal Sign In" in a dark blue header. It contains two input fields: "Username" with the text "vancej" and "Password" with masked characters. Below the password field is a blue "Sign in" button with a mouse cursor icon. At the bottom, there are two links: "Don't have an account?" and "Need Help?".

If you are logging in for the first time or have requested for your password to be reset, you will need to create a new password before accessing the portal.

Enter your **Current Password**, then create a **New Password** that complies with the password requirements. Type your new password again in the **Verify Password** field.

Click **Save New Password**.




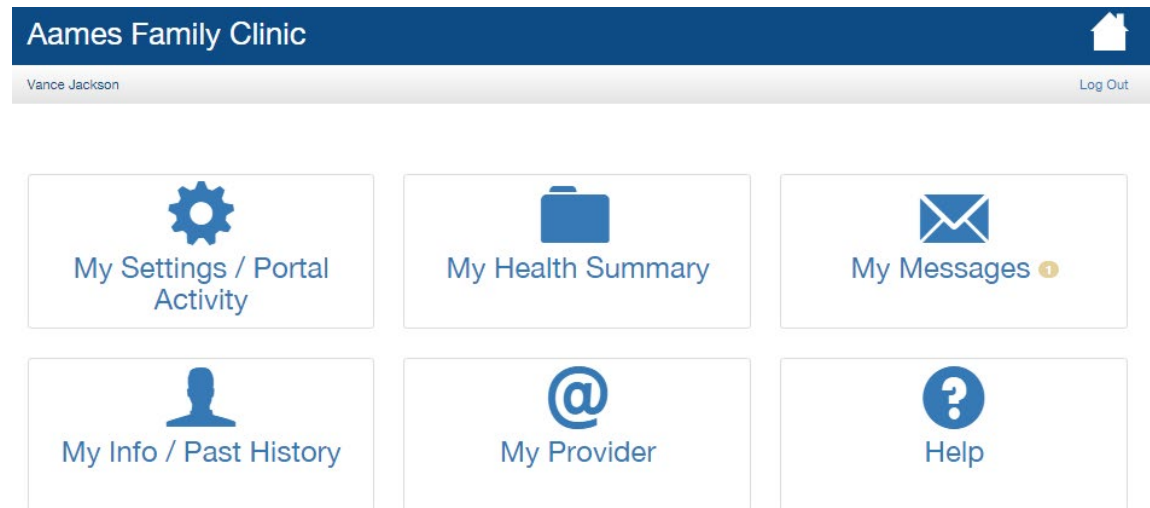
The form is titled "Aames Family Clinic" in a dark blue header. Below the header, it shows the user name "Vance Jackson" and a "Log Out" link. The main content area is titled "Please change your password." and contains three input fields: "Current Password", "New Password", and "Verify Password", all with masked characters. Below these fields is a blue "Save New Password" button. To the right of the input fields is a "Password Requirements" box that states "Passwords are case sensitive" and lists four requirements: "Contains least 8 characters", "Contains both letters and numbers", "Contains both uppercase and lowercase letters", and "Contains at least 1 special character". It also provides a list of allowed special characters: " - ! @ # \$ % ^ & * () - _ = + [] { } | : ; < > / ?".

Note: Before accessing the patient portal for the first time, you will be required to review and accept the **Terms & Conditions** and **Privacy Policy** for the portal. Links to the Terms & Conditions and to the Privacy Policy are also available on each page of the portal site.

Patient Portal Homepage

The patient portal homepage is divided into six sections: **My Settings/Portal Activity**, **My Health Summary**, **My Messages**, **My Info/Past History**, **My Provider**, and **Help**. Click on any section to access its features and information.

Tip: Click the “Home” button  to return to the homepage from any section in the portal.



My Settings/Portal Activity

From the **My Settings/Portal Activity** section, you can sign up to receive email notifications from the portal, change your password, or view your past activity in the portal.

My Settings

Notifications | **Change Password** | Portal Activity

Email Notifications

Receive email notifications from the portal informing you have received a message.

Current Email

Opt In

☒ ON

New Email

Confirm Email

Save Changes

PLEASE NOTE: The email address you enter here does not update your patient record. It is only for use with portal message notifications. If you need to make any updates in your patient record, please notify your clinic.

The **Notifications** tab allows you to opt in to receive email notifications from the portal to let you know when you’ve received a message from the clinic.

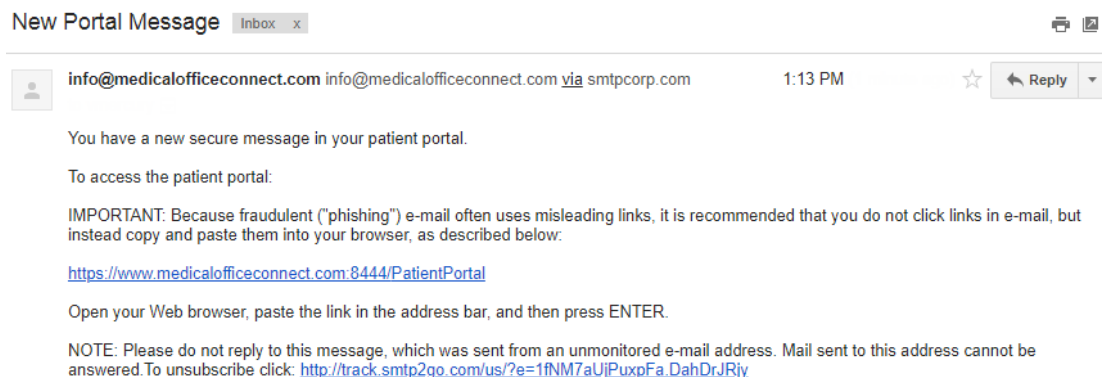
To opt in to receive notifications, click the **Opt In** button then enter your email address in the **New Email** and **Confirm Email** fields. Click **Save Changes** to save.

You can opt out of these notifications at any time.

The email notifications will be sent from: info@medicalofficeconnect.com. **This email address is unmonitored and should not be replied to.** Please contact the clinic if you have any questions.

You will receive an email confirming your opt-in for notifications and thereafter will receive an email any time you receive a message from the clinic. Notification emails **do not** contain any protected health information or any information specific to you.

Notification email for new message received:



The **Change Password** tab allows you to create a new password for your portal account.

To create a new password, enter your **Current Password**, then create a **New Password** that complies with the password requirements. Type your new password again in the **Verify Password** field. Click **Save Changes** to save.

My Settings

Notifications

Change Password

Portal Activity

Change Password

Use the form below to change the password for your account. Use the new password next time you log in.

Current Password

New Password

Verify Password

Save Changes

Password Requirements

Passwords are case sensitive

- Contains at least 8 characters
- Contains both letters and numbers
- Contains both uppercase and lowercase letters
- Contains at least 1 special character
- ! @ # \$ % ^ & * () - _ = + [] { } | ; : < > / ?

The **Portal Activity** tab allows you to view your past activity in the portal by date range. To view past activity, select a start date and end date for the activity and click **Search**. Any activity within that date range will display.

My Settings

Notifications
Change Password
Portal Activity

04/02/2018
05/12/2018
Search

Date	Time	Action	User ID	Result
2018-05-01	12:29:12 PM	Login	Vance Jackson	Success
2018-05-01	12:33:36 PM	Logout	Vance Jackson	Success
2018-05-01	12:37:42 PM	Login	Vance Jackson	Success
2018-05-01	01:16:31 PM	Logout	Vance Jackson	Success
2018-05-08	12:20:38 PM	Login	Vance Jackson	Success

My Health Summary

From the **My Health Summary** section, you can view or download your health summary information or send your health summary information to another doctor or person of your choosing.

To begin the process of viewing your health summary, click **Request Summary**. Select a **Time Frame** for the health information you would like to see. You can choose one of the preset selections or type in a custom date range. Then click **Request Summary**.

My Health Summary

Refresh
Request Summary

To view, download, or transmit your health summary, click **Request Summary**.

Requested	Date Range	Action
<div> Request My Health Summary in C-CDA Format </div> <div> <div>Time Frame</div> <div> <input type="radio"/> Most recent <input checked="" type="radio"/> 3 months to present (02/28/2018 - 05/29/2018) <input type="radio"/> 6 months to present (11/28/2017 - 05/29/2018) <input type="radio"/> 1 year to present (05/28/2017 - 05/29/2018) <input type="radio"/> Custom </div> <div> 03/01/2018 05/01/2018 </div> </div> <div> Cancel Request Summary </div>		

Your request will display as “Queued” while it is processing. Click **Refresh** to check the status of your request. When your health summary is ready, you will be able to view, download, or transmit the information.

Note: You are able to request your health summary as many times as you would like.

My Health Summary

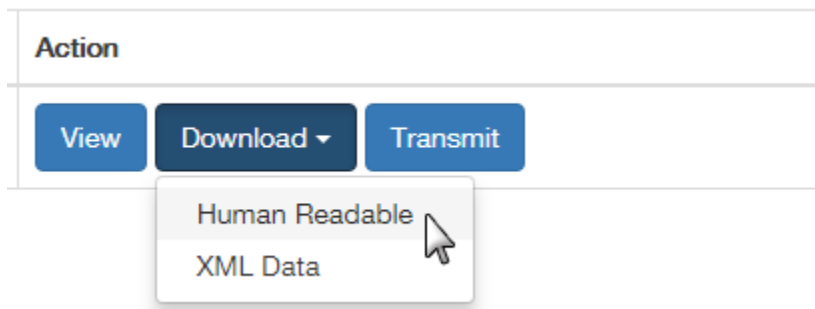
[Refresh](#)[Request Summary](#)

To view, download, or transmit your health summary, click **Request Summary**.

Requested	Date Range	Action
May 01, 2018 01:40 PM	02/28/2018 to 05/29/2018	View Download ▾ Transmit

Your health summary is structured in C-CDA format, which allows other doctors or healthcare systems to use this information more easily.

Click **View** to view your health summary. To download your health summary, click **Download** and then choose your download type: **Human Readable** or **XML Data**.



The XML Data option is designed to be used with programs or applications that accept this file format.

Transmit My Health Summary to a Third Party

This is outgoing email only. Receiver cannot respond to this email. Receiver will be directed not to reply.

Email Address ⓘ (*Required)

This is a Secure Direct (Encrypted) Email Address ⓘ ☐

Subject

Message (*Required)

Attachment: [CCDA.xml](#)

Attachment: [CCDA.html](#)

[Cancel](#)[Send](#)

To send your health summary to another doctor, healthcare setting (such as a hospital), or to a person of your choosing, click **Transmit**.

Type the email address of the person or business you are sending your health summary to in the **Email Address** field (required). If the email address you are using is a secure, Direct email address, select the **This is a Secure Direct (Encrypted) Email Address** checkbox.

The **Subject** line will display your name and "Patient Chart Summary". Type a **Message** (required) for the recipient and click **Send** to transmit your message and health summary.

My Messages

From the **My Messages** section, you can read and reply to messages sent to you from the clinic, send a new message to the clinic, and manage your sent and deleted messages.

To read a message in your **Inbox**, click the message. If the message has an attached document, you can click on the attachment to view or download it.

My Messages

IMPORTANT: FOR EMERGENCIES, CALL 911 or go to the nearest hospital. Do NOT attempt to access emergency care through this portal

Inbox

Sent

Trash

Refresh

New Message

From	Subject	Date
Dr. Stephen F. Aames (Aames Family Clinic)	Patient Portal API Access Information	07/15/2019 10:42 AM
Dr. Stephen F. Aames (Aames Family Clinic)	Appointment Confirmation	05/03/2019 10:09 AM
Dr. Stephen F. Aames (Aames Family Clinic)	Lab Results 03-06-18	08/03/2018 02:40 PM

From: Dr. Stephen F. Aames (Aames Family Clinic)
Subject: Lab Results 03-06-18
Date: 08/03/2018 02:40 PM

Attached are your results from the lipid panel lab, which we discussed this morning. Please call us if you have any follow up questions.

800-555-5555

Attachments: Lab Report.gif

Reply

Delete

From the message you can click **Reply** to send a response to the clinic or **Delete** to delete the message from your Inbox. If you click Delete, you will be asked to click **OK** to confirm you want to delete the message.

To send a new message to the clinic, click **New Message**. The **Practice/Clinic Name** will be filled out for you. Select one of the choices from the **Department** field to describe the nature of your message.

Create New Secure Message ×

Practice/Clinic

Aames Family Clinic

Department

Prescription Refill

Appointment Request

Insurance

Billing

Other

Type a **Subject** and **Message**, and if you want to include an attachment, click **Choose File**. Click **Send** to send your message.

Create New Secure Message ×

Practice/Clinic

Aames Family Clinic ▼

Department

Insurance ▼

Subject

New Insurance Cards

Message

Hi Anabel,
I changed my insurance plan at work. Here is a copy of my new card. Please call me if you need more info. Thanks!

Attachment (Max file size: 2MB and Max number of files: 1)

Choose File UnitedCardFront.gif

Cancel

Send

To view messages you sent to the clinic, click on the **Sent** tab and select a message. Click **Delete** to delete the message from your Sent folder. If you click Delete, you will be asked to click **OK** to confirm you want to delete the message.

My Messages

IMPORTANT: FOR EMERGENCIES, CALL 911 or go to the nearest hospital. Do NOT attempt to access emergency care through this portal

Inbox Sent Trash

Refresh New Message

To	Subject	Date
Aames Family Clinic	New Insurance Cards	08/06/2024 03:42 PM

From: Vance Jackson
Subject: New Insurance Cards
Date: 08/06/2024 03:42 PM

Hi Anabel,
I changed my insurance plan at work. Here is a copy of my new card. Please call me if you need more info. Thanks!

Attachments: [UnitedHealthCard.gif](#)

Delete

To view your deleted messages, click on the **Trash** tab. To restore a deleted message, select the message and click **Undelete**.

Note: Messages in the Trash folder are permanently deleted after 90 days.

My Messages

IMPORTANT: FOR EMERGENCIES, CALL 911 or go to the nearest hospital. Do NOT attempt to access emergency care through this portal

InboxSentTrash

RefreshNew Message

Warning: After 90 days in Trash, messages will be removed permanently!

To	From	Subject	Date
Jackson, Vance	Dr. Stephen F. Aames (Aames Family Clinic)	Your 05/22/2024 encounter	05/29/2024 10:51 AM

From: Dr. Stephen F. Aames (Aames Family Clinic)
Subject: Your 05/22/2024 encounter
Date: 05/29/2024 10:51 AM

Your 05/22/2024 encounter

Attachments: encounter summary.pdf

Undelete

My Info/Past History

The **My Info** tab displays your demographic information, such as address, date of birth, and marital status. You are not able to change or update your information from this tab. Please contact the clinic if you need to update your demographic information.

My Info / Past History

My InfoPast History

Demographics

Clinic Provider	Stephen Aames, MD
Name	Vance Jackson
Date of Birth	1970-01-01
Marital Status	Married

If the clinic has sent you a past history form to be completed, the **Past History** tab will display. From this tab you can complete and submit your past history information to the clinic by clicking **Update Past History**. *The past history information can only be submitted from the portal one time.*

My Info / Past History

My Info

Past History Please Complete

Update Past History

My Provider

This section displays the clinic name, address, phone and fax numbers, and a map to the clinic's location.

My Provider

Aames Family Clinic
350 5th Ave Ste 300
New York, NY 10118

Phone: (888)888-8000

Fax: (888)888-8001



Help

This section displays the **System Requirements** for the patient portal and **Support** information. If you need support with your patient portal account, please contact the clinic via portal message or during business hours.